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</table>
OUR MISSION

We design and implement humanitarian programs that build capacity, develop opportunities, and save lives around the world.

With all of our programs, we believe the best way to provide effective and sustainable solutions that bring about lasting positive impact is by coming alongside and working with in-country partners to empower them and increase their capacity.
Areas of Focus

Together, we help meet the needs of vulnerable people to leave a lasting positive impact on the communities we serve.

health:assist
We improve the quality of health in the developing world by increasing the capacity of local healthcare providers and their health facilities, with an emphasis on infant and maternal health.

wash:assist
We implement safe water solutions for those who lack access to clean water, sanitation, and hygiene. Our WASH solution improves health outcomes and saves lives.

child:assist
We care for orphaned and vulnerable children by developing & sustaining family-style orphan villages, building opportunity for education, creating access to health, and bringing hope.

community:assist
We work with local organizations to provide supplies and opportunities to those in need within our local community and around the world.
Dear Friends,

As we approach the thirtieth anniversary of Assist International in 2019, we are humbled to look back on all that has been accomplished through the generosity of incredible individuals and organizations who have partnered with us throughout the years. Together, we transform healthcare systems, empower communities in need, and reach thousands of vulnerable children every day! You will find more details from this last year in the pages ahead, but I would like to highlight a couple of key moments from 2019.

As one of the initial efforts of AI, our family-centered orphan villages have been an intrinsic part of our mission. In 2019, our child:assist program reached children in 12 different programs across eight countries, increasing our capacity to care for more orphans in need. In March of 2019, we commissioned Sewing Hope Children’s Village Primary School and received full government approval. This school provides education for orphans in the village as well as children from the surrounding area. On the first day, 72 children had enrolled!

In our health:assist (global health) programs, we focus on bringing partners and programs together to help vulnerable people gain access to healthcare and healing. In partnership with GE Foundation and Grand Challenges Canada, Assist International completed two oxygen production and distribution centers in Ethiopia to supply life-saving medical oxygen to regions that serve several million people. There was a ribbon cutting ceremony to commemorate the historical moment, and the Ethiopian President attended to cut the ribbon in person! Medical oxygen is essential to treat vulnerable patients, such as young children with pneumonia or laboring mothers in medical distress. With our Medical Oxygen Production, we are saving lives, one breath at a time, by addressing one of the greatest life-saving interventions for the poor: access to medical oxygen. In addition, this program provides jobs for those working at these oxygen plants.

Assist International is also making a significant impact in our local community through our continued partnership with World Vision and our community:assist program. Thanks to the support of hundreds of volunteers and partners, we were able to carry out our most successful year to date, donating close to 6.1 million worth in goods to those in need! Together with 48 different partner groups, we distributed much-needed resources both here in the U.S. and around the world!

Because of your support, orphaned children are being rescued, the poor are finding access to life-saving medical equipment, communities are being strengthened, and lives are being saved. I am thankful that we have the opportunity to partner with individuals and organizations every day to shine a light in a hurting world. Thank you for partnering with us to bring health, opportunity and hope.

With gratitude,

RALPH SUDFELD
President & CEO of Assist International
Developing Health Globally Program & Safe Surgery 2020 Program

2012 – 2019

4,414 Workforce Developed

15 Countries Served

THREE Public/Private Partnerships Established

404 Hospitals Impacted

4 Medical Oxygen Plants Built

311,850+ Cubic Meters of Oxygen Distributed

462 Sites Impacted

656 Equipment Placed
**SAFE SURGERY 2020**

The Safe Surgery 2020 (SS2020) Initiative is a group of partners, led by the GE Foundation and including Assist International, Dalberg, JHPIEGO, and Harvard PGSSC, seeking to improve access to surgical care in some of the world’s most challenging health contexts. The initiative focuses on three pillars:

- **Leadership Development** trains and mentors surgical teams to identify safe surgery gaps in their facilities, seek the resources they need, take action to improve surgical outcomes and share their experiences.

- **Innovation** drives new solutions to top-priority surgical gaps in low- and middle-income countries by finding and supporting innovators with funding, training, and mentorship.

- **Elevating Ideas** enables sharing of best practices, innovations, and insights by building a body of evidence on how to improve access to safe surgery and sparking national and global conversations.

**Assist International leads the innovation pillar on behalf of the Safe Surgery 2020 initiative. These innovations include:**

**THE FACILITY ACCELERATOR FUND**

Designed to support partner health facilities to address identified gaps in surgical capacity. Small grants provided by the FAF allow clinical teams to address a self-identified barrier to providing safe surgical services. Assist International develops, implements, and manages the FAF program, providing infrastructure improvements and life-saving equipment. The Facility Accelerator Fund supports local surgical teams’ improvement plans by providing small $10k grants to implement positive changes.

**PERIOPERATIVE ENHANCEMENT PROJECT**

The Perioperative Enhancement Project provides health facilities with the key medical equipment needed to provide safe anesthesia and monitor patients. Assist International developed, implemented, and managed the PEP program, ensuring that health facilities get high-quality equipment best suited for their healthcare context. The Perioperative Enhancement Project supplies medical equipment like pre-operative patient monitors, post-operative patient monitors, anesthesia monitors, and anesthesia machines to SS2020 hospitals.
TOUCH SURGERY - DIGITAL SURGERY

Digital Surgery Program: Touch Surgery is a cognitive-task tool that trains surgical providers in the steps needed to perform and deliver safe surgical care. The objective of the Touch Surgery program is to improve the technical and cognitive surgical skills of surgical providers by providing medical officers with a detailed and accurate way to practice their surgical skills in a low-risk setting.

Assist International has partnered with Digital Surgery to introduce and implement the Touch Surgery app in Low and Middle Income Countries (LMICs). This effort includes tailoring Touch Surgery content to meet the specific needs of surgeons in LMICs and conducting clinical and technical training sessions for surgeons using Touch Surgery procedures. The Touch Surgery Program pairs a mobile app-based rehearsal tool used to train surgeons with in-person training on surgical skills.

PROJECT ECHO (EXTENSION FOR COMMUNITY HEALTHCARE OUTCOMES)

Project ECHO is a robust tele-mentoring platform that provides continuous medical education guided practice. Assist International used Project ECHO’s innovative tele-mentoring system to develop and implement the first Safe Surgery and Anesthesia Care ECHO program. In collaboration with our partners, we provide low-dose, high-frequency follow up on content from the other Safe Surgery programs, increasing sustainability while connecting practitioners to peers and mentors. Project ECHO uses video call technology to connect mentors to hospital clinicians in LMICs.

- Of Tanzanian clinicians said that ECHO content was very valuable or extremely valuable: 69%
- Of Cambodian clinicians said that ECHO was more useful or as useful as in-person mentoring: 2/3
- Hospital staff have received training and mentorship through Project ECHO: 757
**THE NEED**

5 billion people lack access to safe, affordable surgical and anesthesia care

16.9 million estimated yearly deaths from conditions needing surgery

143 million more surgical procedures are needed each year to save lives and prevent disability

- Only 6% of all surgeries take place in LMICs
- 60% of all adverse surgical events happen in those countries.
- African Patients are 2x more likely to die post-surgery than the global average
- African moms are 50x more likely to die post C-section than moms in high income countries
SAFE OBSTETRICS ANESTHESIA TRAINING PROGRAM (WFSA)

WFSA (World Federation of Societies of Anaesthesiologists) provides in-service training programs to increase the capacity of all levels of anesthesia providers to deliver safe anesthesia care for patients experiencing life-threatening obstetric conditions. Assist International partners with WFSA to provide trainers with the simulation tools, training support, and logistics needed to equip anesthesia educators and providers with obstetric anesthesia care best practices. Through WFSA, we provide hands-on in-service obstetric emergency training.

STERILE PROCESSING EDUCATION CHARITABLE TRUST (SPECT)

SPECT provides education, training, and mentoring in selected hospitals. The program focuses on decreasing the risk of infection by improving the knowledge and practices of sterile processing techniques. Assist International identifies the lack of sterile processing and sterile techniques in target hospitals and provides management and logistical support for SPECT’s sterile processing training programs.
MAKING AN IMPACT
OUTCOMES IN 2019

SPECT

- 198 Hospital staff trained on equipment sterilization best practices at 72 health facilities in Ethiopia, Tanzania, and Cambodia in partnership with SPECT.

- In Ethiopia, adherence to recommended sterilization procedures at program hospitals increased from 41% to 73% in Tigray and from 33% to 56% in Amhara.

- In Tanzania, adherence to recommended sterilization procedures at program hospitals increased from 53% to 80% in Kagera and from 61% to 81% in Mara.

- In Cambodia, knowledge of sterilization procedures at program hospital increased from 44% to 72%.

SAFE OBSTETRICS ANESTHESIA

- 408 clinicians from 144 health facilities trained on safe anesthesia practices for obstetrics in Ethiopia, Tanzania, Cambodia, and Myanmar in partnership with WFSA.

- In Ethiopia, skills scores in Tigray increased from 60% to 75%, and scores in Amhara increased from 60% to 83%.

- In Tanzania, skills scores in Mara increased from 50% to 76%, and scores in Kagera increased from 55% to 89%.

- In Cambodia, skills scores increased from 52% to 75%.

- In Myanmar, skills scores increased from 32% to 83%.
BIOMEDICAL ENGINEERING PROGRAM (BMET)

The Program

The BMET program provides comprehensive skills training for qualified biomedical technicians through education, practical and professional experiences, and mentorship to maintain and repair medical equipment at program hospitals.

Assist international designs, manages, and implements a variety of BMET training and healthcare equipment management solutions.

125 People Trained
89 Sites Affected
4 Countries Served

Healthcare Technology Management (HTM) Program

Focusing on BMET training courses, service agreements with health facilities, and supply chain services, the HTM Program strengthens the healthcare technology management profession by improving facility level outcomes.

OUTCOMES

Since its inception, we, along with partners in the HTM program have trained 537 BMETs in 7 countries. The emphasis over this past year has been to conduct trainings in Cambodia, continue strengthening the Tanzania medical equipment maintenance hubs, and support the Ethiopian BMET teams as they replicate trainings.
Partners: Kijabe Hospital (Kenya), Vanderbilt University Medical Center, the Regional Health Bureau of Amhara, the Regional Health Bureau of Tigray, Mekelle University, and Bahir Dar University.

ImPACT AFRICA brings innovative training tools – a proven suite of in-service, pre-service, and simulation training material – to teaching hospitals and universities. The ImPACT AFRICA program improves the safety of anesthesia and perioperative care by enhancing education and training for anesthesia providers.

Assist International helps solidify partnerships, designs the program to coordinate with national priorities around anesthesia training, builds infrastructure including simulation centers, manages in-country personnel, provides program management and logistical support for the ImPACT AFRICA program.
Medical oxygen is a life-saving medicine that treats a wide range of critical conditions. Unfortunately, in many LMICs around the world, there is a severe lack of medical oxygen and training on the proper use of oxygen therapy. As a result, preventable deaths occur every day. In East Africa, rural health facilities truck oxygen hundreds of miles in cylinders to deliver a fraction of the lifesaving gas needed. Long transportation distances and few production facilities make oxygen costly and scarce. Even when oxygen does arrive, health workers lack adequate oxygen therapy training. These issues directly impact the patients most in need of lifesaving oxygen.

Assist International (AI) has developed a sustainable and scalable model of oxygen production and distribution that provides a consistent, affordable supply of oxygen to hospitals and health clinics. Utilizing oxygen production plants supplied by AI, partnerships create a revenue-generating model of oxygen sales that allows for the repayment of loans, expansion of existing operations, and scale. Our goal is to save lives in poor and last-mile communities by providing medical oxygen production and delivery through a sustainable social enterprise. Our innovation thrives on public-private partnerships where AI provides the physical production plant, health facilities are the customer, and a local entrepreneur is the private supplier of affordable oxygen. We work with Ministries of Health and other partners to develop a clinical training program to train frontline healthcare workers on best oxygen therapy practices.
AI Medical Oxygen PLC to be self-sustaining by December 31, 2020

Monitoring and Evaluation / Impact Study complete by December 31, 2020

Clinical Training, Technical Training and Equipment Investments continue

What’s Next in Amhara

Start the Oxygen Sales from AI Medical Oxygen PLC

AI Medical Oxygen PLC to be self-sustaining by December 31, 2020

Monitoring and Evaluation / Impact Study complete by December 31, 2020

Clinical Training, Technical Training and Equipment Investments continue

What’s Next in Nejo

Nejo Oxygen Center Progress

December 2019 – Shipping begins for one oxygen plant, from USA to Nejo, and site construction is in progress.

Oxygen plant to be installed and supporting equipment to be delivered by July 2020

Operators to be trained and production operations to begin by August 2020
SAFE WATER, SANITATION, HYGIENE
WASH for Healthcare Facilities

**Impact since 2006**

- **8,460** Patients & hospital staff provided with safe water
- **36** Health care facilities provided with safe water
- **1,339** Hospital staff trained on WASH for health
- **125** Health facility technicians were trained on WASH

Around the world, billions of people lack access to safe water, sanitation, and hygiene (WASH).

This fundamental problem has profound health and socio-economic effects in low and middle-income countries, leading to disease, lack of education, and poverty. Safe water for healthcare facilities is one of the most effective ways to improve the overall health of a community, by providing clean water to local health facilities. Our self-contained Safe Water Filtration System is an excellent WASH infrastructure solution for healthcare facilities in rural and last-mile settings. Multiple systems can be connected together to increase capacity and meet the water needs of each facility.

**PARTNERSHIP DEVELOPMENT IN 2019**

Since 2006, we have collaborated with partners worldwide to provide Safe Water Filtration Systems. Most of the facilities are birthing centers or community clinics. Assist International has begun discussion with potential partners to continue to support access to safe water and WASH around the world. Assist international has also renewed collaboration with Build Health International with the intent for AI to provide safe water filtration systems for a number of hospitals in Haiti and Africa in 2020.
IMPACTING 5,000+ CHILDREN EVERY DAY!

Assist International believes that every child deserves the opportunity to live a healthy, productive life, and there is nothing more life-changing than providing a child with a family and education.

We care for orphaned and vulnerable children by developing and sustaining family-style orphan villages. We also build and support schools for children who have limited or no access to education.

- AOET ORPHAN VILLAGE AND SCHOOLS, KENYA & RWANDA
- AOET ORPHAN VILLAGE AND SCHOOL, JINJA, UGANDA
- CAMBODIA CHILDREN’S FUND SCHOOL/MEDICAL, CAMBODIA
- CAMINUL FELIX ORPHANAGE, BANGLADESH
- CAMINUL FELIX VILLAGE ONE & TWO, ORADEA, ROMANIA
- CHILDREN’S RELIEF NETWORK ORPHANAGE, BUCHAREST, ROMANIA
- FELIX FAMILY VILLAGE, SURAT THANI, THAILAND
- EMMANUEL CHILDREN’S HOME, MYANMAR
- JHOR ONESIMUS HOUSE, TIMISOARA, ROMANIA
- OTINO WAA VILLAGE ORPHANAGE & SCHOOL, LIRA, UGANDA
- SOUTH SUDANESE REFUGEE STUDENT PROGRAM, UGANDA
- SEWING HOPE ORPHANAGE AND PRIMARY SCHOOL, ATIAK, UGANDA
Bob Pagett witnessed the Romanian orphan crisis with his own eyes, and he felt compelled to respond. He partnered with an organization called Caminul Felix, which means “Happy Home” in Romanian, and built a family-style orphan village in Oradea, Romania. This orphan village “gives families to the children of the world.”

Today, Caminul Felix has two orphan villages and a total of 16 homes, each providing a mother and father for orphaned and abandoned children. At any time, close to 200 children are living at Caminul Felix, and through the years, over 1,000 children have had their lives changed through this effort. Assist International has been actively involved every step of the way through infrastructure projects, including homes, a dairy, playgrounds, school buildings, and offices, and by raising sponsorships for children. The Caminul Felix model expanded to Surat Thani, Thailand, in 2007, where a ten-home orphan village rescues children and young people who have been orphaned or abandoned and places them in families. Most of these children lost their biological parents to HIV/AIDS. Each child is given a family, complete with a mother and father and siblings.
AIDS ORPHAN EDUCATION TRUST (AOET)
Jinja, Uganda

Sam Tushabe, once an orphan himself, founded AOET (AIDS Orphan Education Trust) in response to the suffering he witnessed in his community. Founded in 2000, AOET now consists of many child welfare, education, and health programs and impacts over 4,000 children. The AOET Children’s Village, located in Jinja, Uganda, includes over 20 homes and foster families. Over 100 orphaned and abandoned children live in the village, and over 500 children attend school there.

AOET has also established two schools in Jinja, Uganda- Rehaboth Integrated Primary School and Rehaboth Integrated High School- and a medical clinic that provides basic health care, health education, and immunizations for children in the programs. Assist International has partnered with AOET in 2006, initially starting out by building many of the orphan homes there. Since the partnership began, Assist International has helped build classroom buildings, dormitories, a library, a chemistry and biology laboratory, a computer room, additional homes at the AOET Children’s Village, and a clean water well for the village. In addition, there is a smaller AOET Rwanda and AOET Kenya; Assist International has also helped raise child sponsorships for children in the AOET programs.
FROM SICKNESS TO STRENGTH

The rescue of two orphan sisters

Last year, we were introduced to Mercy and Rose, two orphaned toddlers fighting to survive in rural Uganda. With swollen bellies, tattered clothes, and dangerous living conditions, these sisters needed desperate help. Years behind in both mental and physical development, they were not yet even able to walk. At 4 and 5 years old, the girls were both suffering from neglect and acute malnutrition. Assist International was able to come alongside our partners at Sewing Hope Children’s Village to provide life-saving medical care and specialized nutrition.

“I walked into what was one of the most horrible situations I’ve ever seen. I knew right away that if we left them, we would risk returning in a few months to find them dead.”

- Mirriam Adong,
Sister Rosemary’s Social Worker

Mercy & Rose

After just one month of intentional love and care, Mercy began walking! It was not long before Rose followed right behind her. Today, the girls are running! Despair has turned to hope, sickness transformed into health. The future is bright for Mercy and Rose. These sisters have been given a safe and healthy home, an opportunity for an education, and for the first time in their young lives, the love of a family. They are examples of what a difference care and love can make in the Atiak village we have built.
Sister Rosemary has dedicated her life to rescuing children and mothers in Northern Uganda who have been devastated by war and disease. Sister Rosemary gives hope to girls and young women scarred by war in northern Uganda. These girls’ lives have been devastated by violence and sexual exploitation. To help these women support themselves, Sister Rosemary trains them in tailoring and catering.

Most importantly, she has created a home and sense of belonging for these women and their children. In addition, her work now rescues orphaned children and refugees fleeing to northern Uganda. The orphan village in Atiak provides homes for these young women and their children, as well as other orphan children in the region. In 2014, Sister Rosemary was named one of Time Magazine’s 100 Most Influential People, and she was recognized as a “CNN Hero” in 2007.

We began to partner with Sister Rosemary in 2014 to provide housing, education, and opportunities for girls, young women, and children in Northern Uganda, which now includes assistance for refugees. Our goal is to greatly expand Sister Rosemary’s capacity to alleviate suffering in the region. To date, we’ve built ten homes at the orphan village, a school, and helped increase capacity at the farm; in addition a medical clinic and dining commons are currently under construction.
We have partnered with World Vision since 2017 to donate and distribute essential items to vulnerable communities throughout the greater Bay Area and the Central Valley of California (and around the world). We have received much-needed supplies including food, water, furniture, blankets, clothing, and personal hygiene products which we donate and distribute to those in need.

In 2019, we had approximately 192 local volunteers help to distribute 3,189 pallets out of our warehouse to 48 partner groups. Altogether, over $6.1M worth of supplies were received by people in the local community this year. We are thankful for our local volunteers who help sort, pack, and distribute items in our warehouse. Together, we helped impact local communities, including families across California whose homes were lost due to wildfires.
Assist International remains committed to meeting the needs of the world’s most vulnerable people. Today, more than one billion people live on less than $1.25 per day, and poverty contributes to malnutrition, lack of education, and inadequate healthcare. Providing people with a way to create sustainable income has life-changing effects. The community:assist international program works to help communities in low and middle-income countries. We work alongside our partners to provide sustainable income opportunities by providing much-needed items such as a sewing machine, bicycle, office supplies, and other essential items needed by our international partners. Since our beginning, we have been a strong advocate of increasing the capacity of local individuals and organizations to help address local needs. Assist International seeks out partners in local communities with similar areas of focus, who are committed to meeting the needs of the world’s most vulnerable people in their neighborhood.
CONSOLIDATED FINANCIAL STATEMENTS
(For Year Ended December 31, 2019)

ASSETS:

CURRENT ASSETS:
CASH & CASH EQUIVALENTS - UNRESTRICTED $560,755
CASH & CASH EQUIVALENTS - BOARD DESIGNATED 374,530
CASH & CASH EQUIVALENTS - RESTRICTED 10,784,270
TOTAL CASH AND CASH EQUIVALENTS 11,719,555
GRANT RECEIVABLE 900,000
OTHER ASSETS 31,033
TOTAL CURRENT ASSETS 12,650,588

NON-CURRENT ASSETS
INVENTORY - PROJECT EQUIPMENT & MATERIALS 1,812,982
INVENTORY - RESTRICTED TO PROJECTS 1,870,498
PROPERTY & EQUIPMENT, NET 2,743,030
TOTAL NON-CURRENT ASSETS 6,426,510

TOTAL ASSETS $19,077,098

LIABILITIES & NET ASSETS

CURRENT LIABILITIES:
ACCOUNTS PAYABLE & ACCRUED EXPENSES $71,622
GRANTS PAYABLE 444,015
NOTES PAYABLE - CURRENT PORTION 61,096
TOTAL CURRENT LIABILITIES 576,733

NON-CURRENT LIABILITIES
NOTES PAYABLE - NONCURRENT PORTION 926,172
SECURITY DEPOSITS 6,505
TOTAL NON CURRENT LIABILITIES 932,677
TOTAL LIABILITIES 1,509,410

NET ASSETS:
WITHOUT DONOR RESTRICTIONS 4,538,390
BOARD DESIGNATED CONTINGENCY FUND 374,530
WITH DONOR RESTRICTIONS 12,654,768
TOTAL NET ASSETS 17,567,688

TOTAL LIABILITIES AND NET ASSETS $19,077,098
## CONSOLIDATED STATEMENTS OF ACTIVITIES

### SUPPORT AND REVENUES:

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<tr>
<th>Description</th>
<th>2019</th>
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<th>2017</th>
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<td>RENTAL AND OTHER INCOME</td>
<td>93,394</td>
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<td>16,388,508</td>
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<td>18,483,469</td>
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### EXPENSES

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<td>GENERAL AND ADMINISTRATIVE</td>
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<tr>
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<td>CHANGE IN NET ASSETS</td>
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### NET ASSETS, BEGINNING OF YEAR, AS RESTATED

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<tr>
<th>Description</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
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<td>NET ASSETS, BEGINNING OF YEAR, AS RESTATED</td>
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### NET ASSETS, END OF YEAR

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<th>Description</th>
<th>2019</th>
<th>2018</th>
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<tr>
<td>NET ASSETS, END OF YEAR</td>
<td>$4,912,920</td>
<td>$12,654,768</td>
<td>$17,567,688</td>
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EXPENSES ALLOCATED

Program 97.1%

General & Administrative 2.4%

Fundraising .5%

97.1 cents of every dollar donated goes directly to meet needs of the world’s vulnerable people!

The annual audit of the financial statements of Assist International is available upon request. Assist International is audited annually by Ronald Blue & Co. CPAs and Consultants, LLP.
BOARD OF DIRECTORS

Deborah Balch  
Former Professor, Bethany University,  
Marriage Family Therapist

Austin Carmichael  
Real Estate Investment Officer,  
Oregon State Treasury

Jon Carmichael  
Principal Sales Representative,  
Cardiac Disease Rhythm Management,  
Medtronic, Inc.

Michael Comer  
Doctor of Management Degree,  
Partner with The Hayes Group International, Inc.

Sharon Fruh  
Ph.D., RN, CS, FNP Director of Nursing,  
University of South Alabama

Gil Miltenberger  
Independent Real Estate Advisor

Charlene Pagett  
Co-Founder, Assist International,  
Secretary Board of Directors

Robert J. Pagett  
Founder, Assist International

Ralph Sudfeld  
President of Assist International,  
Chairman of the Board

Albert Vaters  
President, Masterpiece Foundation
assistinternational.org

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